

Art Dance Academy 2025 - 2026 Schedule

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					Room 1 8:30 - 9:30 Stretching (Competition Team) Ms. Annalourdes
					Room 2 8:30 - 9:30 Stretching Regular Ms.Sophia
		Room 1 2:30 - 3:30 Alexa solo Ms.Annalourdes			Room 1 9:30 - 10:30 Conditioning (Only for Competition Team Mandatory) Ms. Annalourdes
		Room 1 3:30-4:00 Annabelle solo Ms. Annalourdes		Room 1 4:00 - 4:30 Citlali solo Ms.Annalourdes	Room 2 9:30 - 10:30 Conditioning (Only for Competition Team Mandatory) Ms. Sophia
Room 1 4:00 - 5:00 Baby Ballet Ms. Annalourdes	Room 1 4:00 - 5:00 Baby Tropical Ms.Lisette	Room 1 4:00-5:00 Elizabeth solo Ms.Annalourdes	Room 1 4:30 - 5:30 Competition Acro Tumbling Ms.Annalourdes (Pre Point 2)	Room 1 4:30 - 5:30 Viva La Vida extra	Room 1 10:30 - 11:30 Viva La Vida Production. Ms.Annalourdes
Room 2 4:00 - 5:00	Room 2	Room 2 4:00 - 5:00 Baby Ballet Tap Ms. Sophia	Room 2 4:30 - 5:30 Pre Point 1 Ms. Lisette	Room 2 4:30 - 5:30 Baby Lyrical Ms. Sophia	Room 2 10:30 - 11:30 Turns & Jumps Regulares Ms. Sophia
Room 1 5:00 - 6:00 Intermediate Ballet Ms.Annalourdes	Room 1 5:00 - 6:00 Pre Point 2 Ballet Ms. Lisette	Room 1 5:00 - 6:00 Ballet Advanced + Pre point 3 Ms.Lisette & Ms.Annalourdes	Room 1 5:30 - 6:30 Pre Point 2 Ms. Lisette	Room 1 5:30 - 6:30 Pre Ballet Ms. Annalourdes	Room 1 11:30 - 12:30 Lyrical Junior Ms. Annalourdes
Room 2 5:00 - 6:00	Room 2 5:00 - 6:00 Baby Jazz Ms. Sophia	Room 2 5:00 - 6:00 Pre Ballet Tap Ms. Sophia	Room 2 6:00 - 6:30 Street Pulse Ms.Bryanna	Room 2 5:30 - 6:30 Intermediate Ballet Ms. Lisette	Room 2 11:30 - 12:30 Acro Dance With Ms. Sophia
Room 1 6:00 - 7:00 Begin Ballet Ms. Annalourdes	Room 1 6:00 - 7:00 Turns & Jumps Ms. Sophia&Ms.Annalourdes Mandatory x Competition (Pre Point 2)	Room 1 6:00 - 7:00 Ballet Begin Ms.Lisette & Ms.Annalourdes	Room 1 6:30 - 7:30 Competition Acro Tumbling Ms. Annalourdes	Room 1 6:30 - 7:30 Ballet Advanced + Pre point 3 - Point Ms.Lisette & Ms.Annalourdes	Room 1 12:30 - 1:30 Junior Hip Hop Ms.Sophia
Room 2 6:00 - 7:00 Hip Hop Teenager Ms. Bryanna	Room 2 6:00 - 7:00 Pre Point 1 Ms. Lisette	Room 2 6:00 - 7:00 Teenager Tap Ms. Sophia	Room 2 6:30 - 7:30 Competition Acro Tumbling Ms. Sophia	Room 2 6:30 - 7:30 Hip Hop Baby Ms. Sophia	Room 2. 12:30 - 1:30 Pre Ballet Ms.Annalourdes
Room 1 7:00 - 7:30 Aubrey Ms. Lisette & Anna 7:30 - 8:30 Junior Jazz Ms. Bryanna	Room 1 7:00 - 8:00 Lyrical Teenagers Ms. Annalourdes	Room 1 7:00 - 8:00 Teenagers Jazz Ms.Sophia	Room 1 7:30 - 8:30 Turns & Jumps Ms. Bryanna Mandatory x Competition Team)	Room 1 7:30 - 8:30 Tropical Teenagers with Ms. Lisette	Room 1 1:30 - 2:30 Junior Tropical Ms.Lisette
Room 2 7:00 - 7:30 Shades Of Graces Trio Ms.Brianna 7:30 - 8:00 Sofia Ximena Rios Ms. Lisette & Ms. Anna	Room 2 7:00 - 7:30 Sofia&Rose Hip Hop duo Ms. Sophia 7:30 - 8:00 Matilda Solo Ms.Sophia	Room 2	Room 2 7:30 - 8:30 Turns & Jumps Ms. Sophia Mandatory x Competition Team)	Room 2 7:30-8:30 Junior Tap Ms. Sophia	Room 2 1:30 - 2:30. Extra Viva La Vida
Room 1 8:30 - 9:00 Duo Alexa & Aubrey Ms.Annalourdes	Room 1 8:00 - 8:30. Noemi Ms. Sophia	Room 1 8:00 - 8:30 The Royals Jazz team Ms.Sophia&Annalourdes 8:30 - 9:00 pm Electric Grace Jazz Team Ms. Sophia	Room 1 8:30 - 9:00 Laura Ms.Annalourdes & Ms.Lisette	Room 1 8:30 - 9:30 Estela solo Ms.Annalourdes	Room 1 2:30-3:00 PM Elisa Ms.Annalourdes
Room 2 8:00 - 9:00	Room 2&1 8:00 - 9:00. Juliette Ms. Annalourdes	Room 2 8:00 - 8:30 Fernanda Ms.Lisette	Room 2 8:30 - 9:00	Room 2 8:30 - 9:00 Tap Duet Sofia & Ximena Ms. Sophia	Room 2 2:30 -3:00 PM Las Canelas Ms. Lisette
		Room 1 9:00 - 9:30 Lyrical Duet Laura&Annabelle Ms.Sophia			Room 1 3:00 - 3:30 Jaylah Ms.Lisette & Ms.Anna Lourdes
					Alondra Solo (Sunday) one hour